

# Comstock Park Public Schools

## Wellness Committee Update 2023-2024 School Year

### Committee Goals

1. To establish goals for and oversee school health policies and programs, including development, implementation, and periodic review and update of the district-level wellness policy.
2. To update the public annually about our local wellness policy
3. To focus on education and activities that promote the Whole Child

### Wellness Committee Accomplishments 2023-24

- \*Included a section on the food service webpage to share nutrition information & education with students, teachers, & families
- \*Food Service received the 10 cent Local Produce Grant to help serve more local fresh fruits and vegetables in our meal programs.
- \*Food Service provides monthly district newsletters to share nutrition and promotional information with students, staff, and families
- \*Completed the Wellness Policy Triennial assessment
- \*Partnered with Rockford on a Substance Abuse Community Education Event
- \*Hosted the community 5k at Mill Creek Days
- \*Community Service outreach through Hand2Hand, mobile food pantry, The Big Give, Summer Feeding, Giving Closet, etc....
- \*Celebrated Diversity-family Thanksgiving Dinner, EL community events, Mill Creek Fiesta Celebration, and Monthly Global Eats lunch options
- \* New Board Policy on Narcan Education and administration-trained staff on how to recognize symptoms of narcotic overdose
- \*Promoted activity through fun runs, field days, open gyms, and golf outings.



### Wellness Policy Information & Assessments

#### School Wellness Policy

<https://go.boarddocs.com/mi/compk/Board.nsf/goto?open&id=C56RQB6D8BEC>

#### Wellness Policy Triennial Assessment Summary 2023-24

[https://www.cppschoools.com/downloads/food\\_service/comstock\\_parks\\_triennial\\_local\\_wellness\\_policy\\_assessment\\_2023-24.pdf](https://www.cppschoools.com/downloads/food_service/comstock_parks_triennial_local_wellness_policy_assessment_2023-24.pdf)

#### Wellness Committee Meeting Agendas/Notes

[https://www.cppschoools.com/downloads/food\\_service/wellness\\_committee\\_agenda\\_february\\_2024.pdf](https://www.cppschoools.com/downloads/food_service/wellness_committee_agenda_february_2024.pdf)

Have questions?  
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