

Comstock Park Public Schools

Wellness Committee Update 2024-25 School Year



Wellness Committee Goals

1. Policy Development and Oversight

Establish, implement, and regularly review district-level wellness policies and programs to ensure they effectively promote student and staff well-being.

2. Public Communication

Provide an annual update to the community on the district's local wellness policy, including progress toward established goals.

3. Whole Child Focus

Support education, initiatives, and activities that nurture the Whole Child—addressing physical, emotional, social, and academic well-being.

4. Assessment and Standards Development

Assess and strengthen standards that support:

- * Nutrition education and promotion
- * Nutrition standards and guidelines
- * Physical health and activity
- * Physical education programs
- * Mental health awareness and support

Wellness Policy Information & Assessments

School Wellness Policy Updated June 2025

https://cppschools-cdn.fxbrt.com/downloads/food_service/comstock_parks_local_wellness_policy_revised_june_2025.pdf

Wellness Policy Triennial Assessment Summary 2023-24

https://www.cppschools.com/downloads/food_service/comstock_parks_triennial_local_wellness_policy_assessment_2023-24.pdf

Comstock Park Public Schools

Wellness Committee Accomplishments 2024-25

- *Food Service received the 10 cent Local Produce Grant to help serve more local fresh fruits and vegetables in our meal programs.
- *Food Service provides monthly district newsletters to share nutrition and promotional information with students, staff, and families
- *9-12th grade CPR & AED TRAINED
- *Mill Creek Heart Run
- *Vaping education
- *All staff Blue Envelope Trained
- *Community Service outreach through Hand2Hand, Mill Creek Days, mobile food pantry, Summer Feeding, Giving Closet, etc....
- *Celebrated Diversity-family Thanksgiving Dinner, EL community events, Mill Creek Fiesta Celebration, and Monthly Global Eats lunch options
- *Promoted activity through fun run, field days, open gyms, and golf outings.
- *Developed a classroom healthy celebrations and rewards book
- *Developed a staff classroom celebration survey
- *Developed Parent Healthy Celebrations Flyer
- *Reviewed and discussed current wellness policy
- *Board approved an updated School Wellness Policy June 2025-Policy updated nondiscrimination statement and verbiage.



Wellness Policy Information

Wellness Committee Meeting Agendas/Notes

https://cppschools-cdn.fxbrt.com/downloads/food-service/comstock_parks_wellness_committee_agenda_jan.16_2025.pdf

Parents, community members, & staff interested in joining the school Wellness Committee please reach out to the Food Service Director Melissa Alley at malley@cppschools.com



Have questions?
Please Contact Melissa Alley- malley@cppschools.com